

## ANALYSIS

# Mobile Phones Integrated into Diabetes Management: A Logical Progression

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### Abstract

In this issue of Journal of Diabetes Science and Technology, the intervention described by D. Katz, "Novel Interactive Cell-Phone Technology for Health Enhancement," uses cell phones to provide the rapid communication necessary for the support of intensive management of diabetes. Mobile technology is widely accepted in today's society and can be an effective tool for this cause. There have been numerous interventions using various communication tools, including cell phones, to manage chronic disease, which all propose that improved communication and feedback to patients would improve health status. Dr. Katz has taken the next step by giving semiautomated, real-time, immediate feedback on each data point all transmitted by cell phone.

*J Diabetes Sci Technol 2008;2(1):154-155*

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**Keywords:** cell phone, diabetes, telemedicine

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